



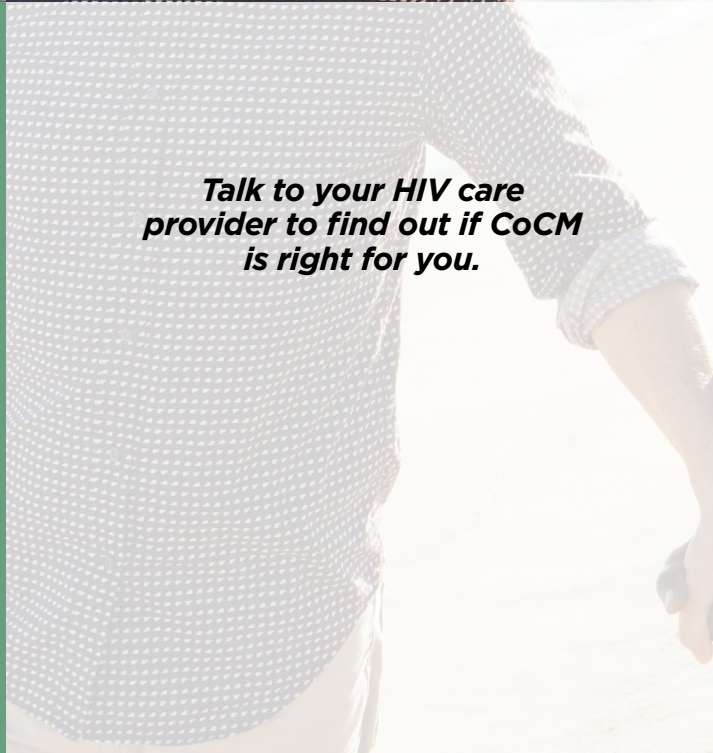
Many people with HIV struggle with depression, anxiety, post-traumatic stress disorder, and other mental health concerns.

## **Collaborative Care Management (CoCM)**

provides clients with effective mental health treatment through their HIV care team.



*Talk to your HIV care provider to find out if CoCM is right for you.*



# Are you seeking a brighter tomorrow?

Find out if Collaborative Care Management is right for you.



# Our team of providers

work together to make sure you receive compassionate, well-organized, and effective mental health treatment for depression, anxiety, or other mental health concerns. Each client receives an individualized care plan.

## Benefits of CoCM:

-  **Get treatment to support your emotional health**
-  **Save time by getting HIV and mental health medications through one provider**
-  **Gain access to a behavioral health counselor who can support you**

**CoCM has been used across the U.S. to successfully treat depression and other mental health problems in a diversity of populations, including among people with HIV.**